

WORSTEAD WOVEN

Merry Christmas and a Happy and Healthy New Year

From Worstead Parish Council and Worstead Village Amenities Trust,
St.Mary's Church, Worstead Festival and the Queen Elizabeth Hall Worstead



DEFIBRILLATORS

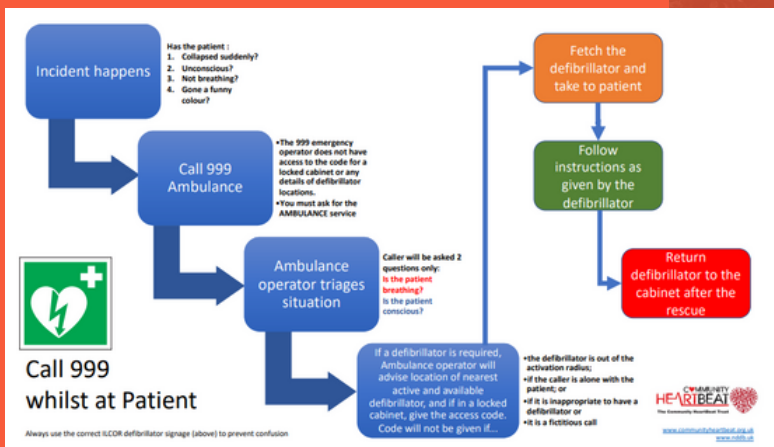
Public access defibrillators are there to be used for someone in cardiac arrest. After a cardiac arrest, every minute without CPR (cardiopulmonary resuscitation) and defibrillation reduces someone's chance of survival by 10 per cent.

Worstead Parish has three Public Access Defibrillators:
Worstead Train Station
Queen Elizabeth Village Hall
Meeting Hill Telephone box

No formal training is necessary for using them. In the event of an emergency CALL 999, if you do not already know where the defibrillator is located, the ambulance service will direct you to the closest one.

The defibrillator itself is a fully mobile unit, which is kept inside a heated cabinet to ensure that it is kept in full working order. Remove the defibrillator from the cabinet. When the defibrillator is opened, full instructions are given, both spoken and with diagrams.

Do not worry, it will not allow you to hurt the patient, but you may save a life!



In Spring 2023 Worstead Parish Council hope to host a community defibrillator training session – further information to follow.

Agenda's and Minutes are available on the Parish Council website: worsteadparishcouncil.norfolkparishes.gov.uk

REMEMBER – we are now at the time of year of dark mornings and dark evenings when people are travelling to and from work and school. We sometimes encounter a frosty or foggy morning that catches us out. We live in a rural community and our road network is shared with pedestrians, cyclists and horses. Please keep to the speed limit. They are there for a reason. Keep you and your neighbours safe this Christmas.



WHO'S WHO

Chairman: **John Bacon**
Councillors: **Mike Anison**
Ron Barrett
Adrian Bond
Janeeta Carlos-Lawrence
Simon Cole
Steve Ginn
Kelle O'Hara
Maire Smith

County and District Councillor:
Saul Penfold
saul.penfold.cllr@norfolk.gov.uk

Lyngate Pond

www.tcv.org.uk



We were pleasantly surprised to find that there was no silting over the shallow half of the pond. There was a thick mat of Pygmy Weed (*Crassula*), which was several cm deep. When this was removed it revealed a gravel bed which was presumably the original bed of the pond. When we started it was dry but soon filled with water as we worked.

In the deeper section there was a substantial accumulation of silt, so there was a depth of about 60cm of water over a bed of about 40cm of silt. It would be advantageous to remove these silt deposits. When we first worked on the pond, Yellow Flag Iris was present but only covered a very small area and we tried to avoid removing any Iris while removing Pygmy Weed.

These patches of Iris have expanded enormously and now cover a large area of the remaining open water. Removing the silt from the deeper area would help prevent expansion of the Iris.



Lyngate pond works were carried out by the North East Norfolk Conservation Volunteers

We did remove a substantial quantity of Iris, it was easy to remove the younger plants, but removal of the older plants with their massive rhizomes was very laborious. As far as possible all Pygmy Weed was removed, but it will be impossible to eradicate it, as some plants are intermixed with native water plants and it is also able to tolerate some drying out at the margins of the pond.

Much of the willows and tall herbage around the pond was removed which should allow more light to reach the pond and, by reducing leaf fall into the pond, might reduce silting. We also cleared some vegetation back to reveal the kerb on the lane.

Christmas Markets at the church and hall

Made in WORSTEAD

Christmas
CREATIVE
MARKET
Saturday 26th November
10am-3pm

**ST. MARY'S CHURCH
WORSTEAD**
*One stop Christmas shop -
Lots of local artisan crafts*
HOT DRINKS, SOUP & CAKE

Saturday 26th Nov 2022 from 10am

FOWS

Christmas
MARKET

★ SELECTION OF STALLS ★
MUSIC ★ DRINKS
MORE STALLHOLDERS WELCOME
CONTACT: fowscharity@gmail.com
10AM TO 4PM
SATURDAY 26TH NOVEMBER | QE HALL WORSTEAD
★ CHARITABLE DONATION ENTRY FEE ★

North Norfolk Community Transport has been operating since 1999 as an independently registered charity. Our aim is to improve wellbeing and accessibility in the community and reduce social isolation.

We are well established and recognised for running a friendly and inclusive service. We provide a regular Dial-a-Ride door-to-door minibus scheme, bringing people from rural North Norfolk into local market towns and taking them out on organised excursions.

Many of our members describe our work as a lifeline, and without it hundreds of people would lose their independence and be unable to access basic local services. Individuals get to know their driver, develop great friendships with their fellow passengers, and use their journey as a means of social contact and interaction.

We have published details of our timetable for Worstead here, but please feel free to ring us 01692 500840 if you have questions at all about joining us. We look forward to hearing from you!

Minibus transport from your door in Worstead



Minibus Services from: Worstead

Our friendly driver will pick you up from your home; you will have between 1.5 and 2.5 hours depending on the trip, ideal for shopping trips or meeting up with friends.

Pick up day	Pick up time	Destination	Fare
Wednesday	9.40am	Various	Up to £6.50
Every Friday	1 0.00am	Wroxham	£ 4.50
Every Friday	10.15am	North Walsham	£4.50

Times above are approximate and depend on demand and availability.

Pick up and drop-off times are confirmed the day before your travel.

- Single fares are half the return fare - Child fares (5 to 16 years old) are half the return fare
- Under 5s travel free - Concessionary bus passes cannot be used on these services
- Your driver will let you know the return time on the day of travel - it's normally about 1.5 hours after arrival
- Services do not operate on public holidays.

Not traveled with us before? No problem...

1. Membership is £10 per year. You can register over the phone.
2. Call to arrange your journey. We accept booking until 2pm on the day before you travel.
3. Enjoy your journey! Our driver will collect you from your home at an agreed time.

To book a journey or to find
out more call **01692 500840**

Email: info@nnct.org.uk Web: www.nnct.org.uk

North Norfolk Community Transport, 15 Cornish Way, North Walsham, NR26 0PL
Company Ltd by Guarantee 3924074 Registered Charity 1081117

QEHW Vehicle Entrance Improvements.



News from Worstead SCHOOL

Hello from Worstead School as we embark upon our new academic year, welcoming a brand new cohort of 4-year-olds and saying a fond farewell to those who have just moved on to High School.

Villagers will have noticed the building work underway since the summer, with the help of the Diocese of Norwich, the funding ring-fenced and the project has got started.

The end result will be one of our existing classrooms expanding to full size for a class of 30, and a brand-new group room becoming available. This project is critical because teaching space is so limited and inflexible around the school building. We want to be able to do the best possible job for our children, year in, year out.

Safe pedestrian access around the school at drop off and pick up times has come back into focus. Over my time at Worstead, the signage installed along Honing Road does seem to have slowed cars down, but there is only so much of a 'nudge' we can give to through-traffic to think about free-range children and families at certain times of the day

However, in agreement with Worstead Farms, the path that runs along our back fence bordering their fields, (joining Honing Road to Vicarage Road) is now an additional access way into the school.



QEHW Vehicle Entrance Improvements.

Anyone visiting the Village Hall in the last 2 months, will have seen the improvements to the entrance area of the car park. The £22500 cost of the work was part funded by grants from the North Norfolk Sustainable Communities fund and Norfolk County Council Partnership funds. The new all weather, hard surface provides a much improved access and parking area to the Hall for wheelchair users and disabled visitors and will prevent the severe potholing we have always experienced in this area.

The Village Hall car park has in the past, cost a great deal to maintain and keep in a safe condition, with expensive repair and remedial work to the surface carried out every year. It is hoped that these improvements will save money and effort in the long term and reduce maintenance costs significantly.

A polite request: if you walk your dog along this route, please pick up your dog's mess and take it with you, as it is not just unpleasant and time-consuming for our staff to deal with, but causes a serious health hazard if it comes into school on children's shoes.

Our community events are starting to open up once again. We have restarted our services at St Mary's and our 30-strong choir sang to Worstead Friends on at the village hall.

Finally, a reminder that Worstead villagers are very welcome to come and volunteer for us, even if they have no existing connection with the school. We need librarians, reading listeners, gardeners and Forest School helpers in particular. We really appreciate this extra help, which enhances learning for all children. Training is given in any of these roles if you are interested. Just drop in between 09:00 and 15:00, call on 536309, or email office@worstead.norfolk.sch.uk

All that remains is to wish you a peaceful Christmas and New Year from the children, the staff and I, if we don't see you before then.

Nick Read
Headteacher
Worstead CE VA Primary School

This Christmas St Mary's looks forward to welcoming everyone back to a full range of festive events and services. From the list below you'll see there's plenty to join in with this December at our beautiful church.

Over the past months we've also had much to celebrate. The return of the Worstead Festival in July saw St Mary's packed with visitors enjoying our superb Flower Festival and display of historic vestments. Our popular Church Café, tombola and book stalls were back, as were the Worstead Weavers' demonstrations of spinning, dying and weaving, along with inspiring and toe-tapping entertainment from our local choirs. The Festival Songs of Praise service featured favourite hymns, and a beautiful Evensong was sung by the choir of St Nicholas North Walsham.

The church hosted some wonderful weddings over the year, and in September villagers enjoyed the annual Harvest Supper. We also welcomed cyclists from all over the county, including 'our own' Ed York, during the annual autumn Norfolk Churches Trust 'Ride and Stride' fundraiser.

On the death of Her Majesty Queen Elizabeth St Mary's held a special Service of Thanksgiving and opened a local book of condolence, while joining the national tolling of church bells. The annual Service of Remembrance was also held as usual in November.

St Mary's has welcomed Canon Maggie Guite to work alongside the Vicar Revd David Warner in our Worstead Parish and Benefice of North Walsham. Our regular Worstead services continue to take place at 09.15 on the First and Third Sundays of every month, and the church doors are open daily from 9am until mid-afternoon. Our Worstead Wednesday coffee mornings take place from 10am every week at the Village Hall.

We'd very much welcome help with cleaning (only one hour a week) and occasional care taking tasks that keep our magnificent building well looked after. You don't need to be a church 'regular'! Please direct any offers or enquiries to our churchwardens Sue or Michael on 01692 500440.



Christmas Events

Saturday 26th Nov 10am-3pm:

Made in Worstead Craft Event with refreshments

Friday 9th December 7pm:

Cantamus Choir **Christmas Concert** with hot chocolate, mulled wine, mince pies

Saturday 17th December 4pm:

Carol Service at St Botolph's Church Westwick

Sunday 18th December 4pm:

Outdoor Carols at St Mary's Worstead (bring a torch or lamps!)

Saturday 24th December 4pm:

Crib Service at St Mary's Worstead

Saturday 24th December 9pm:

Midnight Mass at St Mary's Worstead (early!)

Sunday 1st January 9.15am.:

New Year's Day service at St Mary's Worstead



WORSTEAD FESTIVAL

Our village should once again be proud of its achievement in producing a festival which brought so many people together to have some fun. Well over ten thousand people attended the event on the final weekend of July.

There were dancing sheep, working spaniels, heavy horses, great live music, amazing crafts, original paintings, imaginative weaving, LEGO displays, circus performers and heaps to eat and drink.

Festival goers provided some of the entertainment themselves. Some threw eggs, climbed walls, shot arrows or rode the mechanical bull. Everyone talked and laughed and made memories.

"After the last two years it was so good to see so many people attend the festival again," said the Chair of the Trustees, Jane Bond.

"Seeing so many families enjoying a day out together gave me the most pleasure, we can't wait to do it all again next year."

"Thank you to everyone who contributed in making it so successful, especially to all the volunteers, we couldn't do it without you."



The festival made £25,023.60 profit. Local charities and community groups were asked to apply for grants. The Trustees carefully considered all the requests.

Those to benefit are The North Norfolk and District Foodbank, St. Mary's Church, Queen Elizabeth Hall, Worstead & District Riding School for the Disabled, Broadland First Responders and Worstead Guild of Weavers, Spinners and Dyers. The local primary school application requires more research.

Planning is already under way for next year. More than 40 artisan businesses have already gone to the website worsteadfestival.org to book their pitches. New attractions are being assessed, bands scouted and chefs sniffed out.

Worstead Festival 2023 will be held on the weekend of the 29th and 30th of July.

Make a note to come to enjoy the fun of a great family day out.

Mrs Bond also thanked the sponsors and asked companies to start thinking now about spending some of their marketing budget on the festival next year.

WARM SPACE

Queen Elizabeth Hall, Worstead

invites all residents to its Warm Space
Everyone in the Parish welcome

**We will be opening the Hall from 10am to 2pm on
19th, 20th, 21st, 29th December & 3rd January**

Please come and join us for tea, coffee and biscuits, a friendly chat and maybe a game or two.

Bring your own lunch.

These are free days, but donations of time or a few pence would be gratefully received.

All children need to be accompanied/supervised by an appropriate adult.

WHAT IS ON AT QEHW?



Monday

Hourly slots for sports groups/friends:

Badminton/Table Tennis/ Pickleball
(equipment supplied) 8.00am > 3.00pm

Boogie Bounce Xtreme with Lauren 6.00pm > 7.00pm

Tuesday

Private Badminton Club 6.00pm > 8.00pm

Wednesday

Worstead Wednesdays Café - weekly 10am

Worstead Friends - 2nd Wednesday of the month
2pm

Ringcraft dog club 7.30pm > 9.30pm

Thursday

Pilates:

sitting 4.30 > 5.30pm standing 6.00 > 7.00pm

Private Badminton Club 7.30pm > 8.30pm

Friday

Worstead, Parent, toddler and baby group
10am > midday.

Weekend

Standard Children's Party Rate £35 for 3 hours
(including free hour clear-up after)



WORSTEAD NEW YEAR'S DAY WALK

**You are all invited to the New Year's
Day walk, which will again take place
this year.**

**Gather at 12 noon New Year's Day at
Haggar House, Back Street
[Ron and Brenda Barrett's house].**

**There will be mulled wine and nibbles
before we walk at approximately
12.20pm**

on a circular walk around the village.

The route will depend on the weather.

**Dogs, children, push chairs all
welcome.**

**Help us to keep this lovely tradition
going.**

Brunch will be available at the pub.

Pre- orders may be necessary.

See you there - Ron Barrett.

Happy
New Year